



Vicky Clarke

Sports Massage Therapist

Brampton Heath Centre, Sandy Lane, Northampton NN6 8AX

www.vickyclarke.co.uk | vickyrai@vickyclarke.co.uk

COVID-19

This form must be completed before each treatment session. COVID-19 can be asymptomatic and still be contagious.

Although there is no way to completely protect ourselves from this virus, I am taking all precautions and disinfecting my treatment room between sessions and using personal protective equipment (PPE) as required.

I will ask you to wash/sanitise your hands as soon as you enter the treatment room and afterwards.

I may ask you to wear a face covering during your treatment.

Please complete the form so we can do our best to protect each other.

Thank you for your understanding – Vicky

Testing

Have you been tested for COVID? Yes / No
If yes, when was this and what were the results?

Symptoms:

Are you experiencing any of the following: Yes / No
Fever
If yes what was your temperature reading

Cough Yes / No
Sore throat Yes / No
Shortness of breath Yes / No



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Have you taken an oximeter reading Yes / No
If yes, what was the reading

Sudden loss of taste and smell Yes / No
Fatigue Yes / No
Chills Yes / No
Nasal or sinus congestion Yes / No
Sudden onset body aches Yes / No
New rash or other changes to your skin Yes / No
Have you been doing regular cardio exercise Yes / No

Exposure

Are you aware of having been exposed to someone with COVID-19
or anyone who has been exposed to someone with COVID-19 Yes / No

Have you done any air travel, domestic or international Yes / No

Have you traveled to any places with a high infection rate, where people
have not been isolating (no stay at home order) or been in any groups
of people where social distancing was not observed. Yes / No

Do you spend time around anyone considered high risk, such as elderly
with co-morbidities or immunocompromised family members. Yes / No

Name _____

Signed _____

Date _____